

LIFE SKILLS (Level 3) **REAL WORLD READY**

Empower yourself with Essential Life Skills — Flexible, Online, and Self-Paced





Learner Me. 127 Gill Street learnerme.ac.nz





PROGRAM OVERVIEW

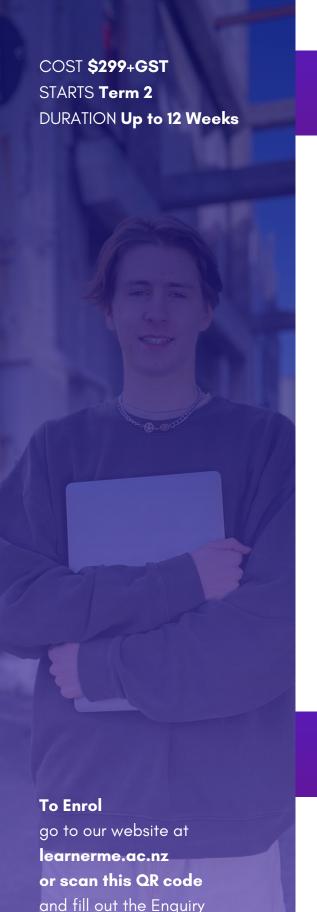
The Foundational Life Skills — Real World Ready program is crafted to provide you with practical tools and knowledge to navigate personal and professional landscapes confidently. This **self-paced**, **fully online program** allows you to engage with interactive content, complete assignments, and submit evidence at your convenience, all while earning recognized NZQA unit standards.

INSPIRED BY WAYNE BENTON'S REAL WORLD READY

This program draws inspiration from Real World Ready, authored by **Wayne Benton**—a dedicated teacher, mentor, and author committed to empowering individuals through practical education. His book offers ten actionable strategies to tackle life's challenges, focusing on resilience, financial independence, civic responsibility, and overall well-being. Wayne's engaging teaching style and real-world insights have positively impacted many, making complex concepts accessible and relatable. Learn more about Wayne and his work at waynebenton.com.

WHO SHOULD ENROL?

- **School Leavers**: Gain essential skills not typically covered in traditional education.
- **Lifelong Learners**: Enhance your personal and professional toolkit with practical knowledge.
- **Career Changers**: Equip yourself with competencies to navigate new professional paths.
- **Anyone Seeking Growth**: Develop resilience, financial savvy, and effective communication skills.



Form at the bottom of

the Home Page

WHAT YOU'LL LEARN

The program encompasses four key areas, each designed to build a comprehensive skill set:

1. Digital Literacy & Communication

- Focus Areas: Online safety, ethical technology use, and productivity tools.
- **Skills Developed:** Navigate digital environments securely, communicate effectively online, and utilize digital tools to enhance personal and professional productivity.

2. Health & Well-being

- Focus Areas: Personal resilience, mental health strategies, and physical wellness planning.
- **Skills Developed:** Implement techniques to manage stress, develop healthy habits, and create balanced lifestyle plans.

3. Financial Literacy

- Focus Areas: Budgeting, saving, income evaluation, and debt management.
- Skills Developed: Create and maintain personal budgets, assess financial opportunities, and develop strategies for effective debt management.

4. Civic Engagement & Career Skills

- **Focus Areas:** Job search strategies, CV writing, career planning, and community involvement.
- Skills Developed: Craft compelling resumes, plan career trajectories, engage in effective job searches, and participate actively in community initiatives.

PROGRAM FEATURES

- **Flexible Learning:** Access course materials and complete assignments on your schedule.
- Interactive Content: Engage with videos, quizzes, and practical projects designed to reinforce learning.
- **Supportive Community:** Participate in discussion forums and receive guidance from experienced facilitators.
- Recognized Certification: Earn NZQA unit standards upon successful completion, enhancing your qualifications.

Embark on your journey to becoming real-world ready. Enroll today and take the first step toward a more empowered and prepared you.

THE FOUNDATIONAL LIFE SKILLS - REAL WORLD READY (LEVEL 3)

PROGRAM ENCOMPASSES SEVERAL NZQA UNIT STANDARDS DESIGNED TO EQUIP LEARNERS WITH ESSENTIAL COMPETENCIES. BELOW IS A LIST OF THE UNIT STANDARDS INCLUDED IN THE PROGRAM:

1. Plan a Career Pathway

• Unit Standard: 4251

Level: 3Credits: 3

 Description: Guides learners in mapping out a career path that aligns education, skills, and employment opportunities.

2. Produce a Personal Targeted CV (Curriculum Vitae)

• Unit Standard: 4252

Level: 2Credits: 2

 Description: Focuses on creating a tailored CV that effectively highlights an individual's qualifications and suitability for specific job roles.

3. Demonstrate Knowledge of Job Search Skills

• Unit Standard: 4253

Level: 2Credits: 3

 Description: Covers essential job search techniques, including identifying employment opportunities and understanding application processes.

4. Describe, from an Employee Perspective, Ways of Dealing with Employment Relationship Problems

• Unit Standard: 1980

Level: 3Credits: 3

 Description: Provides insights into addressing workplace issues and resolving conflicts from an employee's standpoint.

5. Evaluate Options to Increase Personal Income

• Unit Standard: 28098

Level: 3Credits: 3

 Description: Encourages learners to assess various strategies for boosting personal earnings, including additional employment and investments.

Evaluate Credit Options and Select Debt Management Strategies for Personal Finances

• Unit Standard: 28099

Level: 3Credits: 3

 Description: Focuses on understanding credit facilities and developing effective debt management plans to maintain financial health.

7. Apply Ethical Behaviour When Using Digital Tools

• Unit Standard: 29795

Level: 3Credits: 5

• **Description:** Emphasizes the importance of ethical practices in digital environments, including data privacy and responsible online conduct.

Collectively, these unit standards amount to a total of 22 credits. Upon successful completion, learners will have demonstrated competencies across career planning, job acquisition skills, workplace communication, financial literacy, and digital ethics.